



RUMBLE'S

BISTRO & BAR

At Rumble's Bistro & Bar, we welcome you as you are.

Providing a gathering place for all, we strive to bring out the flavors we love in an atmosphere we all feel good in.

Please take a seat, have a drink, or start a conversation, and we will take care of the rest.

LUNCH

STARTERS N' SUCH

Von Trapp Farmstead Cheese ~ 18

rotating selection of 3, tomato chutney, grilled green onion, pickles, Castleton multi-seed rye crackers (V)

Garlic Parmesan Fries ~ 11

garlic oil, parmesan cheese, Rumble's sauce, herb medley (GF/V)

Head-On Prawns ~ 21

fresh lemon, preserved orange & horseradish aioli, marinated cucumber, grilled watermelon (GF/DF)

Rumble's Chicken Wings ~ 17

carrot & celery, blue cheese dressing or buttermilk-dill, choice of cider barbeque, Buffalo or Rumble's dry rub (GF)

KIDS' MENU

Steak 'n Fries ~ 14

5oz grilled bistro steak, house fries, seasonal vegetables

Grilled Chicken ~ 12

5oz chicken breast, smashed potatoes, seasonal vegetables

sub: house fries

Kids Burger ~ 12

4oz burger, Cabot cheddar cheese, house fries

Kids' Pasta ~ 10

house made red sauce, seasonal vegetables, salad

sub: house fries

SANDWICHES

Gaylord Farm Beef Burger ~ 17

Cabot cheddar, Rumble's sauce, LTO, house fries, Chef Vanessa's pickles

sub: sweet potato fries, garlic parmesan fries or side salad ~ 2 | **add:** local bacon ~ 2

House-made Black Bean Burger ~ 15

Cabot cheddar cheese, spinach, grilled red onion, avocado, chipotle sour cream (V)

sub: sweet potato fries, garlic parmesan fries or side salad ~ 2

Merguez Lamb Sliders ~ 18

local lamb, Vermont goat cheese, pickled tomatillo, roasted tomato chutney, harissa, brioche rolls, house fries

sub: sweet potato fries, garlic parmesan fries or side salad ~ 2

Vermont Grilled Cheese ~ 13

Cabot cheddar, Von Trapp Farmstead "MRV Shred It", truffle honey mustard, arugula, apple

Chicken Sandwich ~ 14

citrus marinated chicken breast, Maplebrook Farm Feta, spinach, tomato, olives, grilled red onion, mint-tahini dressing, brioche bun

SUMMER SALADS

Rumbles Greens ~ 12

mixed greens, homemade farmers cheese, native cucumbers, local tomatoes, red onion, marinated olives, shaved radish, green goddess dressing (GF/V)

add: head-on prawns ~ 11 | marinated steak ~ 9 | grilled chicken ~ 7 | falafel fritters ~ 4 | citrus tofu ~ 4 | fried goat cheese ~ 4

Fried Goat Cheese Salad ~ 14

butter lettuce, Vermont Creamery Chevre, black mission figs, grilled peaches, watermelon, fresh mint, preserved lemon vinaigrette (V)

Falafel Bowl ~ 14

chickpea fritter, Mediterranean couscous, tahini dressing, grilled pita, marinated tomatoes & cucumber, mixed olives, seasonal greens (DF/GF/V)

Steak Salad ~ 19

5oz grilled steak, seasonal mixed greens, fresh tomato, carrots, radish, Grafton cheddar cheese, buttermilk-dill dressing, house fries

Rumble's is proudly supporting our local farmers. Our local poultry is from Union Brook Farm and is processed on the farm and not inspected, but follows the FDA and Vermont Health Department for safe food handling.

Please mention dietary restrictions to your server and we will do our best to accommodate them. Gluten-sensitive, vegetarian, dairy-free dishes are available. ADVISORY: consuming raw or undercooked meats, fish, fowl, or dairy products may be hazardous to your health.



**FOR THE
PLANET**