

# HIKING TRAIL MAP



**LINCOLN PEAK**  
ELEV. 3,975'

The Church

**CASTLEROCK PEAK**  
ELEV. 3,812'

Long Trail (North) >  
1.6 mi. to Mt. Ellen

LINCOLN PEAK  
OBSERVATION DECK

CASTLEROCK HUT



**GADD PEAK**  
ELEV. 3,150'  
NO BIKE ACCESS  
ABOVE THIS POINT >

ALLYN'S LODGE

## SUGGESTED HIKING ROUTES

See reverse side for descriptions

- 1 Lollipop Loop
- 2 Super Bravo Loop
- 3 Sleeper to Run Out Loop
- 4 Gate House Woods Loop
- 5 Allyn's Lodge
- 6 Lincoln Peak Summit
- 7 Castlerock Summit
- 8 Lincoln Peak to Castlerock Loop
- ..... Long Trail

**CAUTION:** Please be aware of bikers and 4x4 work vehicles traveling in both directions on most hiking trails.

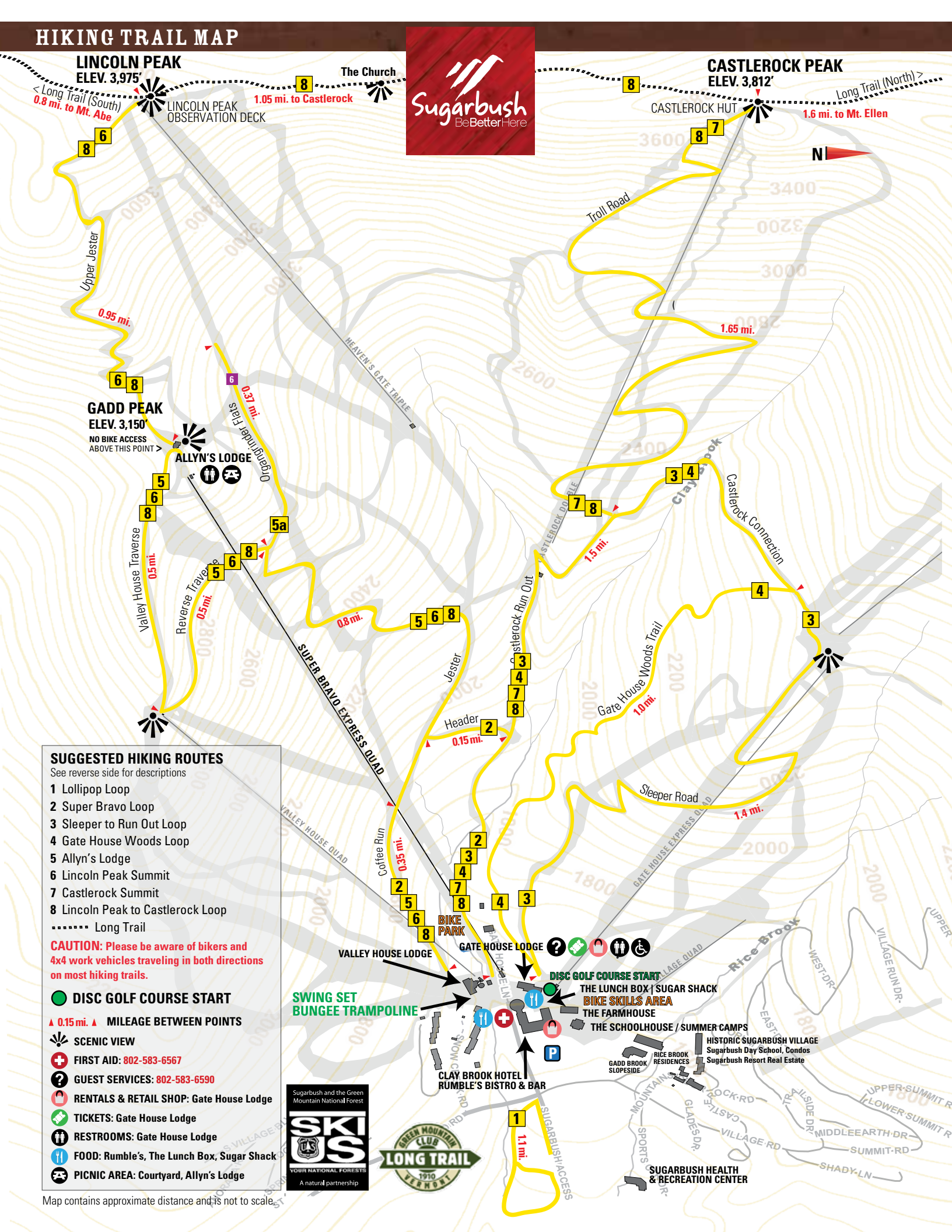
**DISC GOLF COURSE START**

**▲ 0.15 mi. ▲ MILEAGE BETWEEN POINTS**

- SCENIC VIEW
- FIRST AID: 802-583-6567
- GUEST SERVICES: 802-583-6590
- RENTALS & RETAIL SHOP: Gate House Lodge
- TICKETS: Gate House Lodge
- RESTROOMS: Gate House Lodge
- FOOD: Rumble's, The Lunch Box, Sugar Shack
- PICNIC AREA: Courtyard, Allyn's Lodge



Map contains approximate distance and is not to scale.





**SUGARBUSH  
EMERGENCY DISPATCH  
802-583-6567**

### HIKING TIPS

Weather in the Green Mountains can be unpredictable. We suggest that you bring the following items on your hike:

**WATER BOTTLE**

(refillable at Allyn's Lodge)

**FOOD**

**WINDBREAKER / RAIN JACKET**

**SUNSCREEN**

**WHISTLE**

**FIRST AID KIT**

### DINING OPTIONS

**Rumble's Bistro & Bar**

Enjoy fresh, local-focused American cuisine in an approachable and fun atmosphere. Serving breakfast, lunch and dinner.

**The Lunch Box**

Made to order hot and cold sandwiches, fries, and cold beverages to grab & go for your mountain adventure.

**Sugar Shack**

During your day on the mountain, treat yourself to Vermont-made ice cream and other sweets. Lincoln Peak Courtyard.

**Hogan's Pub at Sugarbush Resort Golf Club**

Enjoy specialty sandwiches, salads, beer/wine, cocktails, and a fantastic mountain view. Serving lunch daily inside and on the deck.

### RETAIL

**Adventure Gear Shop**

Tickets, mountain bike lessons, rentals & repairs, gear, disc golf, sunglasses, souvenirs and more. Gate House Lodge.

**The General Store**

Vermont local products, apparel, ice cream, snacks, candy, cold beverages, & beer/wine. Clay Brook Hotel.

**SHaRC Shop**

Cold beverages, snacks, fitness and swim apparel and accessories for the whole family. SHaRC.

**Golf Club Pro Shop**

Golf apparel and equipment for both men and women.

## SUGARBUSH HIKING TRAIL DESCRIPTIONS

Sugarbush Resort is located in the heart of the Green Mountains and spans through the Long Trail system. Hike from the base area to Lincoln Peak or Castlerock Peak or take the chair lift up to Allyn's Lodge to start your hike to the summit of Lincoln Peak. Suggested hiking routes:

- 1 LOLLIPOP LOOP** EASY | approx. 1.1 mi. | ELEV. GAIN: 100 ft. | approx. 30 min - 1 hr.  
TRAILHEAD: corner of the Sugarbush Access Road and Inferno Road  
ROUTE: The Lollipop Trail follows the Clay Brook and does a loop back onto itself or turn right into the lower parking area and follow the trail alongside the Sugarbush Access Road.
- 2 SUPER BRAVO LOOP** EASY | approx. 1.0 mi. | ELEV. GAIN: 750 ft. | approx. 45 min.- 1hr.  
TRAILHEAD: Super Bravo lift  
ROUTE: Head up the work road to the left towards the Valley House. Cross under the Valley House lift onto Coffee Run ski trail. This trail will cross under the Super Bravo chair lift and continue straight onto Lower Jester ski trail. Take the first right onto Header ski trail. Turn right onto Castlerock Run Out ski trail back to the base area.  
\*This loop is on multi-use trails with hiker, biker and 4x4 work vehicles traveling in both directions.
- 3 SLEEPER TO RUN OUT LOOP** MODERATE | approx. 3.0 mi. | ELEV. GAIN: 750 ft. | approx. 1.5-2 hrs.  
TRAILHEAD: Gate House lift  
ROUTE: Start up Sleeper Road to the left of Gate House lift. Follow the work road up to the top of Gate House lift for views of the base area and Mad River Valley. Pass North Lynx lift on your right and head to Castlerock Run Out ski trail (multi-use) to descend back to the base area.  
\*This route is on multi-use trails with hiker, biker and 4x4 work vehicles traveling in both directions.
- 4 GATE HOUSE WOODS LOOP** MODERATE | approx. 2.5 mi. | ELEV. GAIN: 750 ft. | approx. 1.5-2 hrs.  
TRAILHEAD: Gate House lift  
ROUTE: Half of this loop is on a more rugged hiking/biking trail in the woods. Start up Sleeper Road to the left of Gate House lift looking for the yellow hiking trail signs in the woods to the left. Follow the Gate House Woods Trail until it intersects with the Castlerock Run Out ski trail (multi-use). Turn left and continue straight on the Castlerock Run Out trail back to the base area.
- 5 ALLYN'S LODGE** MODERATE | approx. 2 mi. one way | ELEV. GAIN: 1,600 ft. | approx. 1-1.5 hrs. one way  
TRAILHEAD: Super Bravo lift  
ROUTE: Head up the work road to the left towards the Valley House. Cross under the Valley House lift onto Coffee Run ski trail. At the 7th switchback, there is an out and back spur trail (5A/Organgrinder Flats ski trail) which goes off to the right. Stay left onto Reverse Traverse ski trail to continue towards the top of Valley House lift/Allyn's Lodge. Take in the views from the top of the lift, then turn right onto Valley House Traverse ski trail. Bear left at the next fork and Allyn's Lodge will be a short distance ahead.  
\*This route is on multi-use trails with hiker, biker and 4x4 work vehicles traveling in both directions.
- 6 LINCOLN PEAK SUMMIT** DIFFICULT | approx. 6 mi. RT | ELEV. GAIN: 2300 ft. | approx. 4-6 hrs. RT  
TRAILHEAD: Super Bravo lift  
ROUTE: Head up the work road to the left towards the Valley House. Cross under the Valley House lift onto Coffee Run ski trail. At the 7th switchback, turn left onto Reverse Traverse ski trail, heading towards the top of Valley House lift. Take in the views from the top of the lift, then turn right onto Valley House Traverse ski trail. Bear left at the fork to Allyn's Lodge. Stay left and continue up Jester ski trail to the summit where you will find a large observation deck with 360° views and access to the Long Trail.  
\*This route is on multi-use trails with hiker, biker and 4x4 work vehicles traveling in both directions.
- 7 CASTLEROCK SUMMIT** DIFFICULT | approx. 6 mi. RT | ELEV. GAIN: 2300 ft. | approx. 4-6 hrs. RT  
TRAILHEAD: Super Bravo lift  
ROUTE: Head up the work road under the Super Bravo lift. After passing the maintenance shed and groomers, bear to the right on Castlerock Run Out ski trail, following Clay Brook up the mountain. Continue straight and to the right passing the base of Castlerock lift. Turn left onto Troll Road ski trail and follow to the summit where you will find the Castlerock Hut and magnificent views to the East.  
\*This route is on multi-use trails with hiker, biker and 4x4 work vehicles traveling in both directions.
- 8 LINCOLN PEAK TO CASTLEROCK LOOP** DIFFICULT | approx. 7 mi. | ELEV. GAIN: 2300 ft. | approx. 5-7 hrs.  
TRAILHEAD: Super Bravo lift  
ROUTE: Head up the work road to the left towards the Valley House. Cross under the Valley House lift onto Coffee Run ski trail. At the 7th switchback, turn left onto Reverse Traverse ski trail, heading towards the top of Valley House lift. Take in the views from the top of the lift, then turn right onto Valley House Traverse ski trail. Bear left at the fork to Allyn's Lodge. Stay left and continue up Jester ski trail to the summit where you will find a large observation deck with 360° views and access to the Long Trail. Follow the Long Trail's white blazes North towards Mt. Ellen. Along this section, keep an eye out for scenic view point looking East (known as "The Church" by skiers and riders) before arriving at the Castlerock Hut. Head down the Troll Road ski trail. Turn right onto the Castlerock Run Out Trail, passing the base of Castlerock Chair on your right. Continue straight following Clay Brook to the base area.  
\*This route is on multi-use trails with hiker, biker and 4x4 work vehicles traveling in both directions.

### THE LONG TRAIL

The Long Trail is a hiking trail which runs the length of Vermont, crossing over the peaks of Sugarbush and Mt. Ellen. It is the oldest long-distance trail in the United States, constructed between 1910 and 1930 by the Green Mountain Club. For more details and trail descriptions, visit [www.greenmountainclub.org/the-long-trail](http://www.greenmountainclub.org/the-long-trail) or purchase a guide book from the Farmhouse Bike & Gear Shop.

**For questions and more information, please visit Guest Services in Gate House Lodge or call 802-583-6590.**

**ADDITIONAL MOUNTAIN ACTIVITIES:** Scenic Lift Rides | Lift-served Mountain Biking | Disc Golf | Bungee Trampoline