



We strongly recommend using FULL SUSPENSION BIKES & FULL-FACE HELMETS

Visit The Farmhouse Bike & Gear Shop for rentals and more information.

MOUNTAIN BIKER'S RESPONSIBILITY CODE

Mountain biking involves risk of serious injury or death. Your knowledge, decisions and actions contribute to your safety and that of others.

ALWAYS:

1. **STAY IN CONTROL.** You're responsible for avoiding objects and people.
2. **KNOW YOUR LIMITS.** Ride within your ability. Start small and work your way up.
3. **PROTECT YOURSELF.** Use an appropriate bike, helmet and protective equipment.
4. **INSPECT AND MAINTAIN YOUR EQUIPMENT.** Know your components and their operation prior to riding.
5. **BE LIFT SMART.** Know how to load, ride and unload lifts safely. Ask if you need help.
6. **INSPECT THE TRAILS AND FEATURES.** Conditions change, constantly; plan and adjust your riding accordingly.
7. **OBEY SIGNS AND WARNINGS.** Stay on marked trails only. Keep off closed trails and features. Ride in the direction indicated.
8. **BE VISIBLE.** Do not stop where you obstruct a trail, feature, or landing or are not visible.
9. **LOOK AND YIELD TO OTHERS.** Look both ways and yield when entering or crossing a road or trail. When overtaking, use caution and yield to those ahead.
10. **COOPERATE.** If involved in or witness to an incident, identify yourself to staff.

MOUNTAIN BIKE CHECKLIST

Mountain bike trails are rough and demanding on both the bike and body. Before riding always inspect your equipment or have it checked by a qualified bike mechanic.

1. **Ensure your HELMET** is in good shape and properly adjusted.
2. **Inspect BIKE FRAME, FORK AND COMPONENTS** for cracked, damaged or dented areas.
3. **Check that your BRAKE PADS** are in good conditions and are not worn.
4. **FRONT and REAR AXLES** (skewers) should be tight.
5. **HEADSET and STEM** must be secure with no looseness or play.
6. **Check that your TIRES** are in good condition, with no tears or cuts in the sidewall.
7. **HANDLE BAR and HANDLE GRIPS** must be tight and unable to spin.
8. **SEAT and SEATPOST** must be fastened securely.

Visit The Farmhouse Bike Shop for all your repair needs.

KEEP IT CLEAN:

Non-native invasive species such as Wild Chervil are present at Sugarbush Resort. In order to reduce the spreading of this and other non-native invasive species, please wash your bike before and after leaving an area. The bike wash is located next to Super Bravo Express Quad.

MOUNTAIN BIKERS:

Please stay on designated trails. Trail ratings describe only the relative degree of challenge of a particular slope or trail within the Sugarbush Resort trail system. Trail ratings at Sugarbush should not be compared to those found at other bike areas. Terrain features may be located anywhere on the mountain.

All designated mountain bike trails on this map are for DOWNHILL use only, except for trails 25 and 26 where E-Bikes are also permitted.

CAUTION: Hikers, trail workers and 4x4 vehicles may be on trails.

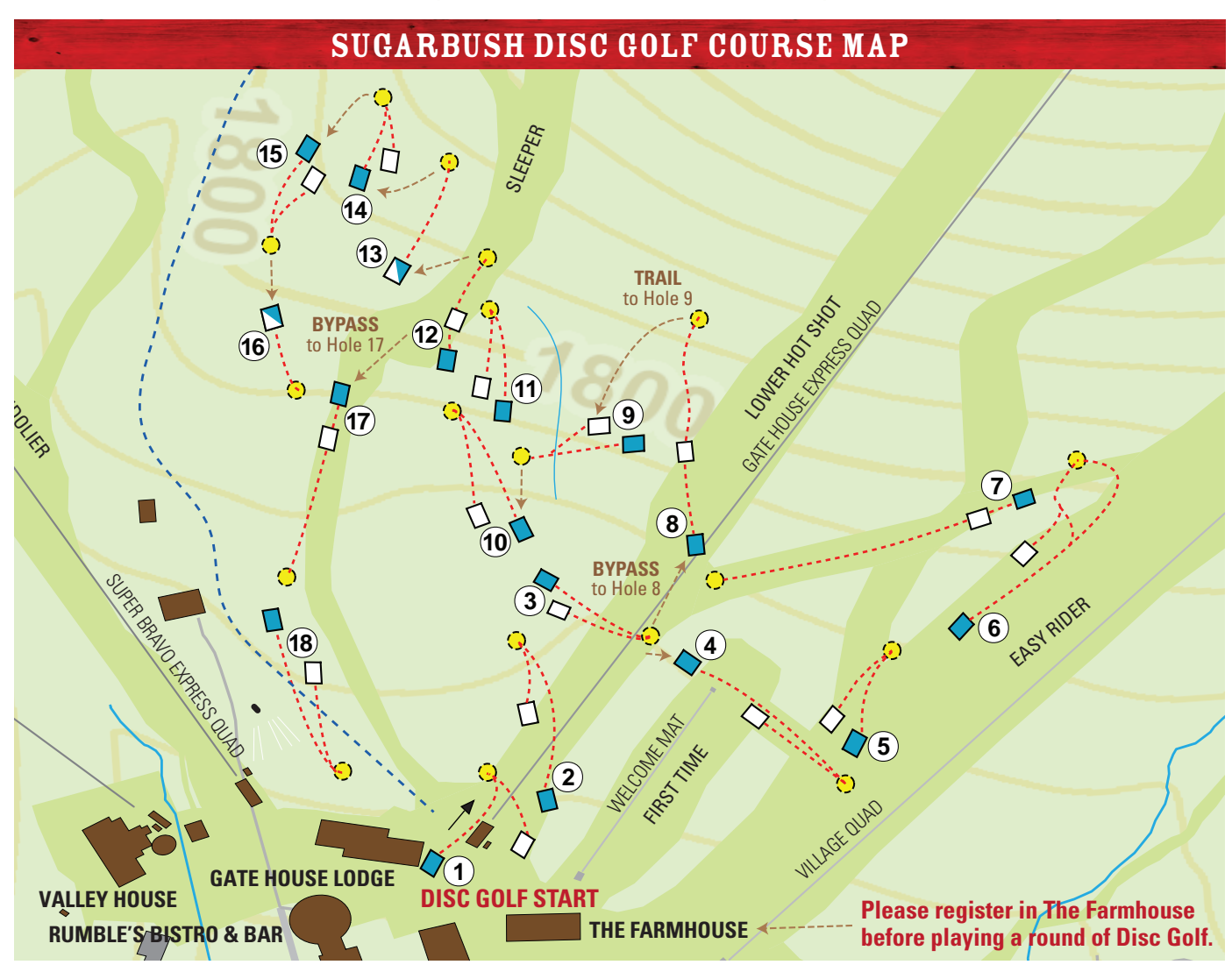
HIKING & CROSS COUNTRY MOUNTAIN BIKE TRAILS IN THE MAD RIVER VALLEY

There is an extensive network of cross country mountain bike and hiking trails in the Mad River Valley. For more information on these trail networks and the organizations that developed them, visit these websites:

madrivervalley.com | madriverpath.com | madriverriders.com

To purchase a more detailed topographic map of the Mad River Valley trail network, visit the Farmhouse Bike & Gear Shop or the General Store at Sugarbush, or go to mapadventures.com.

For more information on all resort activities and trail conditions, visit sugarbush.com or call 802.552.4007.





WELCOME TO SUGARBUSH

At the heart of Sugarbush Resort is Lincoln Peak—think quintessential Vermont meets modern slopeside living. Mountain biking, disc golf and resort hiking trails all start from the Lincoln Peak Village, and you will also find:

Clay Brook Hotel and Residences
Rumble's Bistro & Bar
The Lunch Box
Castlerock Pub
The General Store
Gate House Lodge
The Schoolhouse (home to kids' summer camps)
The Farmhouse (adventure gear, tickets/passes, bike rentals/repair, lessons, and resort real estate)

Just a few steps away, you'll encounter the Sugarbush Health and Recreation Center, and slopeside homes at Rice Brook, Gadd Brook and historic Sugarbush Village, home to Sugarbush Day School and several condominium complexes. The Sugarbush Golf Course and Hogan's Pub are located a few miles from the Lincoln Peak base area.

DINING

Please visit the Sugarbush website for days & hours of operation.

Rumble's Bistro & Bar – Enjoy fresh, local-focused, American cuisine in an approachable and fun atmosphere. Serving breakfast, lunch and dinner. Check the events calendar for special beer and wine pairing dinners throughout the summer.

Hogan's Pub at Sugarbush Resort Golf Club – Take in the best view in the Valley while enjoying pub fare, specialty sandwiches, salads, beer, wine and cocktails. Serving lunch daily inside and on the deck. Check the events calendar for select Saturdays featuring late afternoon wings, flatbread and live music.

The Lunch Box – Located conveniently in the Lincoln Peak base area, The Lunch Box offers a variety of delicious made to order hot and cold sandwiches, fries, cold beverages and beer. Grab & go for your scenic lift ride, picnic on the mountain, day of mountain biking or simply strolling around our resort.

RETAIL

The Farmhouse Bike & Gear Shop – Tickets, mountain bike lessons, rentals & repairs, gear, disc golf registration, discs, sunglasses, souvenirs and more. Located upstairs in The Farmhouse.

The General Store – Purveyors of artisan crafts, jewelry, kids games, ice cream, snacks, candy, cold beverages, and beer/wine. Located in the lower level of Clay Brook Hotel.

Sugarbush Resort Golf Club Pro Shop – The Pro Shop offers an extensive line of golf apparel and equipment for both men and women.

SHaRC Shop – Cold beverages, snacks, fitness and swim apparel and accessories for the whole family.

LODGING

Check-in for all resort properties is at the Clay Brook Hotel front desk.

Clay Brook – Refined slopeside living for the entire family—even the dog. Ownership opportunities available.

Resort Condominiums – An array of one- to four-bedroom Resort Condominiums surrounding Lincoln Peak.

Resort lodging guests receive complimentary access to Sugarbush Health and Recreation Center.

MOUNTAIN ACTIVITIES



LIFT-SERVED MOUNTAIN BIKING

From the top of Super Bravo Express Quad, you'll find over twenty miles of lift-served downhill trails leading to the base of Lincoln Peak. Take the Valley House Traverse for scenic Valley views or Over The Ledge to challenge your skills. **The Farmhouse Bike & Gear Shop** offers high end downhill and trail bike rentals along with E-mountain bike rentals. Check sugarbush.com for the most up-to-date information on open trails.

MOUNTAIN STATS

| | | | |
|-----------------------|--------|------------------|----|
| LIFT-SERVED ELEVATION | 3,150' | MILES OF TERRAIN | 20 |
| VERTICAL DROP | 1,575' | BIKE PARKS | 1 |
| TRAILS | 28 | SKILLS AREAS | 1 |

DISC GOLF

Sugarbush has an 18-hole professionally-designed mountain course from the Lincoln Peak base area. For course fees and all your disc golf needs visit the Farmhouse Bike & Gear shop. Join the Thursday Night Throwdown league in July and August.



HIKING

Sugarbush Resort is located in the heart of the Green Mountains and spans through the Long Trail system. Hike from the base area through beautiful woodland trails or take the chair lift up to Allyn's Lodge to start your hike to the summit of Lincoln Peak. Ask a Sugarbush staff member for suggestions or book a guide at The Farmhouse.



SCENIC LIFT RIDES

Scenic lift rides on Super Bravo Express Quad. Ride up, hike down. Hike up, ride down. Or ride both ways. Visit The Farmhouse Bike Shop for hiking suggestions and to purchase lift tickets.



MAD RIVER VALLEY TRAILS

Along with premier hiking, the Mad River Valley boasts wonderful mountain biking, walking and lower elevation hiking trails. Local groups, the Mad River Riders and Mad River Path Association, have connected more than forty miles of mapped multi-use trails throughout the towns of Warren, Waitsfield, Fayston and Moretown to connect to Sugarbush. The trails spread over both public and private land, and are open to walkers, hikers, cyclists and trail runners. Leashed dogs are allowed on most trails. Information and maps at:

madrivervalley.com • madriverpath.com • madriverriders.com

SUMMER PROGRAMS



ADVENTURE CAMPS & LESSONS

Learn to mountain bike for the first time, attain that perfect berm turn, get a mountain tour, or seek some adventure from rock climbing to creek cruising with our Adventure Camps. Our staff include expert guides, bike coaches and instructors.

Private Guided Mountain Bike Lessons (ages 5+) – Personal coaching available for lift-served downhill or trail biking for all abilities.

Mini Adventure Camp (ages 4-6) – Experience our biking, hiking, disc golf, swimming, and rock climbing. Available by the day and week.

Adventure Camp (ages 7-12) – Hiking, biking, rock climbing, creek cruising, nature exploration, cooking classes, golf, field games, and more. Available by the day and week.

Mountain Bike Adventure Camp (ages 8-17) – Similar to the Adventure Camp includes downhill, free-ride, and trail riding opportunities for mountain biking novices as well as more experienced riders.

Junior Golf Camp (ages 6-17) – Introduction to golf, instruction, course knowledge, rules, games and more, taught by PGA Professionals.

Sugarbush Day School (6 mths-6 yrs) – Daycare available weekdays.

GOLF, TENNIS, HEALTH & RECREATION



SUGARBUSH RESORT GOLF CLUB

The Sugarbush golf course features an 18-hole, par-71 course designed by Robert Trent Jones, Sr., a Pro Shop, a clubhouse, and Hogan's Pub with the most magnificent views of the Mad River Valley. Located on Golf Course Road off Sugarbush Access Road.



SUGARBUSH HEALTH & RECREATION CENTER

Sugarbush Health and Recreation Center (SHaRC) is a fully-appointed year-round fitness and racquet club. A visit to SHaRC offers pools, saunas, cardio equipment, massage therapy, personal training, indoor and outdoor tennis, and more.

2021 SUMMER/FALL EVENTS



| | | |
|------------|-------|--|
| JUN | 19 | Sugarbush Brew-Grass Festival |
| | 26 | Opening Day for Mountain Activities |
| | 27 | Member/Member Golf Tournament |
| | 27 | Rumble's Pairing Dinner with Lawson's |
| JUL | 4 | 4th of July Dog Parade & Fireworks |
| | 10 | Trout Day |
| | 25 | Rumble's Pairing Dinner with Farrell Wine |
| AUG | 6 | High Fives Golf Tournament |
| | 15 | Rumble's Pairing Dinner with Zero Gravity |
| | 21-22 | Sugarbush Resort Golf Club Championship |
| SEP | 11-12 | Sugarbush Resort Golf Club Ryder Cup |
| | 19 | Rumble's Pairing Dinner with VT Wine Merchants |
| OCT | 9 | Community Day |
| | 10 | Fresh Hops Festival |

RECURRING EVENTS

| | |
|--------------------------------|---|
| Thursdays, 7/8 – 8/26 | Thursday Night Throwdown Disc Golf League |
| Thursdays, 7/8 – 8/26 | Live Music, Cornhole, Pizza & Beer |
| Thursdays, Jun thru Oct | \$35 Thursdays, Sugarbush Resort Golf Club |
| Select Fridays | Movies on the Mountain |
| Select Saturdays | Strings & Wings, Sugarbush Resort Golf Club |
| Mid-May to Mid-Oct | Saturdays, Waitsfield Farmers' Market |

Visit our complete events listing at sugarbush.com.

FLORA & FAUNA

The Green Mountains are full of interesting plants and animals. Here are a few to look for:

Moose Vermont's largest mammal, 800 – 1500 lbs., consuming 50-100 lbs. of plant material daily in the summer, often seen in the lower mountain elevations and in Slide Brook Basin. Moose are generally non-threatening, but if you see one, keep a distance and retreat quietly.



Black Bear Vermont's second largest mammal, up to 900 lbs. and voracious omnivores, subsisting mainly on vegetation, insects, and small mammals. Although generally evasive, if you do encounter one, give them wide berth and control your dog.

Red-tailed Hawk Commonly seen riding thermals and floating for long distances, and identifiable by their 4+ ft. wingspan and reddish tail feathers. They are carnivorous, primarily feeding on squirrels and small rodents.

Bicknell's Thrush A rare gray thrush with breeding grounds limited to the spine of the northeastern mountain ranges.

Spring Peeper A small frog with a loud call announcing spring and found mostly near ponds and other wetland areas.

Sugar Maple The state tree of Vermont and the source of maple syrup. A "sugarbush" is a stand of sugar maples used in syrup production. Sugar maple wood is one of the most sought-after for furniture making, flooring, sports equipment and musical instruments.

Wild Strawberry A small, tasty fruit found in June and July along south-facing ski trails, like Snowball and Jester.

Oyster Mushroom Typically grows on hardwoods, particularly beech and maple. Relatively easy to identify, but be 100% positive before eating them. They can vary, with some phenotypes producing pure white fruits, and others with dark brown tops. One of the most useful fungi species, providing food and medicine, along with industrial applications.

RESPONSIBILITY CODE

OBSERVE YOUR RESPONSIBILITY CODE

Sugarbush is committed to promoting safety. Always show courtesy to others and be aware that there are elements of risk in biking and hiking that common sense and personal awareness can help reduce. Know your ability level and stay within it.

Trail locations are identified on the Trail Map.

Always leave word of your destination with a friend and when you plan to return.

DOGS MUST BE ON A LEASH at all times (per town ordinance). Please clean up after your dog.

Be aware that most hiking trails are crossed by, and occasionally share, routes used by mountain bikers and maintenance vehicles. Give them wide berth. Slow down and use caution when approaching or overtaking another recreationist and make your presence known in advance.

Let experience, ability, equipment, terrain, and present and potential weather conditions determine your choice of route and travel time.

Respect public and private property, including trail signs. These signs are there to guide, inform and protect you. Please leave them in place for the benefit of others.

Stay on designated hiking trails to avoid trampling native vegetation.

Stay on designated biking trails: those areas not authorized for riding are either too steep with danger of erosion, or located in or near sensitive Black Bear habitat or Bicknell's Thrush feeding and nesting areas.

Please respect fragile areas.

Minimize potential erosion by not using muddy trails or short-cutting switchbacks.

Mountain biking at a ski area has inherent risks that include, but are not limited to: variations in terrain and ground cover, rocks, stumps, forest growth, lift towers, utility lines and their components, permanent snowmaking equipment, and collisions.

Water bars are erosion control devices that are dug across the trail to guide water flow. They are located throughout the ski area and require slow crossing to avoid injury to yourself or equipment. Read and heed all posted signs.

Cyclists should control their speed at all times and approach turns in anticipation of someone around the bend.

Do not lock brakes when going downhill to help prevent erosion.

Do not travel solo when biking in a remote area.

Freestyle terrain areas are designated with orange and may contain jumps, hits, pump tracks, teeter-totters and other constructed or natural terrain features. Prior to using the terrain, you are responsible for familiarizing yourself with freestyle terrain and obeying all instructions, warnings and signs. Freestyle skills require maintaining control on the ground and in the air. Inverted aerials are not recommended. You assume the risk. Start small and work your way up.

Lift safety. Be advised that you cannot board a lift unless you have sufficient ability and knowledge to do so safely, or have asked for and received information to enable you to load, ride, and unload safely.

Wear your helmet. Not only is it a smart idea, it's also mandatory for lift-served mountain biking at Sugarbush (we recommend full-face helmets). Educate yourself about the benefits and limitations of helmets, and when wearing one, ride as if you're not. Every summer sport participant shares in the responsibility for his/her safety.

Be aware that your safety is directly affected by your judgment.

Please be respectful of private events taking place at Sugarbush facilities including weddings, conferences, and receptions.

Leave no trace – don't litter. Pack out what you pack in. For more information, visit Int.org.

Please recycle, put trash in its proper place, carpool and use public transportation, and respect wildlife and its habitat.



The pristine environment of the Green Mountains makes this a truly special place. Sugarbush partners with the U.S. Forest Service to protect natural habitats and wildlife to ensure everyone's enjoyment of the area. Sugarbush is operated under special use permit with the Green Mountain National Forest and is an equal opportunity provider.



ENVIRONMENTAL COMMITMENT

Sugarbush Resort is entrusted with the stewardship of lands in the Mad River Valley. We believe we have a responsibility to protect the natural environment so that we can continue our resort mission—to cultivate a spirit of lifelong adventure and camaraderie—for future generations. We aim to be an environmental leader promoting sustainable practices in these focus areas: forest, water, waste, and energy.

In addition to the USFS, we partner with the VT Agency of Natural Resources and Friends of the Mad River who provide valuable guidance in our efforts to protect water quality in local brooks. We collaborate with The Green Mountain Club and the Catamount Trail Association on permanently protecting recreational trails.

For details, visit <https://www.sugarbush.com/discover/sustainability>

Emergency Dispatch: 802.583.6567

Resort Information: 802.552.4007

